



On Thursday, July 14th, 2016, as a consultant, physics teacher and book author, Mr. Mayard was the special guest on **Les Beaux Dimanches** television show to answer questions relative to the education system and to his book on academic success.

"A therapy against depression is incomplete if it is limited by the improvement of the individual's external environment without a reconfiguration of his internal condition. In parallel, I think that the fight against school dropout is incomplete if it merely introduces new extracurricular activities for the student without changing his internal reasoning. The common denominator between a depressed individual and the student who dropped out of school is a negative thought which must be the main target of any strategy." Patrick Mayard.

According to Mr. Mayard, a practical solution against the school dropout rate and, complementary to extracurricular activities would be, for example, to organize seminars in schools on the following topics: **How to build self-confidence** or **How to handle failure**. This approach is strategically designed to correct the reasoning of the student who is potentially at risk to dropout.

Besides, within the framework of the television show, we were able to discover **The Mind & The Science of Success**, the French version published in 2012 by **Patrick Mayard**, teacher of *mathematics, physics and robotics*. The book



depicts useful educational notions, including a pedagogical approach revealing the higher order and ability of the mind.

The teacher stands out by delivering a spectacular methodology of success to the student community. Nevertheless, all informed readers could easily perceive an introspection, inflection and above all profound reflection on the principles that lead to academic success.

Imagine a passionate follower of applied science that educates, communicates and motivates an educational community while disseminating multiple scientific concepts! A book to be considered as a distinguished MANIFESTO of student life.

As the educator conveys his ideas to students, he enables the readers to discover the pioneers of several discoveries which were vital to the wellbeing of mankind. **Karl Landsteiner**, for instance, an Austrian physician discovered the different membranes located on the red blood cell allowing the classification of blood in several groups such as A-, AB-, O. A valuable tool in the medical world, for sure! Several other distinguished scientists, in various fields are mentioned, namely **Charles Kao**, an engineer and designer of optical fiber which enables light to travel a long distance with minimal energy loss. This latter is the recipient of the 2009 Nobel Prize in physics.

Furthermore, Mr. Mayard illustrates several practical notions related to the cycle and the operation mechanism of the mind. This faculty has the power to govern an individual's life and it is capable of influencing his behavior. However, every human being who has experienced failure can reverse, during the cyclical phase of the mind, the negative effects on beneficial and profitable abilities. The most effective way to break this cycle is to first identify and isolate harmful sources of thought across the full spectrum of life experiences while using ACTION THOUGHTS based on success principles ... The daily mantras or decrees are proposed to recondition and keep the mind healthy for successful and lasting results.



The whole theory of ABSOLUTE INTELLIGENCE is diluted to raise the concentration and focus on the following principles: EFFORT, DETERMINATION, PERSEVERANCE AND MOTIVATION. An eloquent example extracted from the life of **Albert Einstein** is a corollary to this position.

Using a heterogeneous mixture of observations, research and teaching experience, Patrick Mayard presented an outstanding work to the educational community where he gives the students practical tools in the form of data and principles that, when apply, lead to school success during the academic career.

The Mind & The Science of Success is, with no doubt, a book to discover and promote within the circle of the educational community starting from secondary level until the third cycle of university.

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